



Nardini Klinikum is your specialist!

Internal Medicine at Landstuhl



NARDINI KLINIKUM
Landstuhl · Zweibrücken



From left: Fabian Sievers, Dr. med. Wolfgang Hoffmann, Kreshnik Hajdari

Welcome to the Department of Internal Medicine at Nardini Klinikum

Looking for an internal medicine specialist in the Kaiserslautern area? Chief Physician Dr. med. Wolfgang Hoffmann and the HCP team of the Department of Internal Medicine at Nardini Klinikum in Landstuhl are at your service.

„At our department, we offer the complete spectrum of internal medicine basic care for the whole region and also the Kaiserslautern area. Cardiology is one of our key focus areas. With our experienced physicians and state-of-the-art equipment we provide complete care for our patients”, says Chief Physician Dr. med. Wolfgang Hoffmann, Internal Medicine, Cardiology, and Emergency Medicine Specialist.

Cardiology and gastroenterology in Kaiserslautern rural district: complete care provided by our specialists

A main focus of medical care at Nardini Klinikum is the treatment of cardiac emergencies, i.e. acute and life-threatening disorders of the heart, in our intensive care unit. The broad spectrum of services of the Department of Internal Medicine also includes non-invasive cardiac examinations for a variety of cardiovascular diseases. The focus areas of our cardiology team include:

- » Diagnosis and treatment of cardiac arrhythmias, valvular heart disease, cardiomyopathies, and heart failure (weak heart).
- » Sonography, exercise ECG, Holter ECG and ambulatory blood pressure monitoring
- » Angiology, i.e. examination of blood vessels and diagnosis of vascular diseases

„Echocardiography is one of our main examination methods which we offer patients. With our brand-new ultrasound devices we are at the forefront of diagnostic technology“, emphasizes Chief Physician Dr. med. Wolfgang Hoffmann.

The same is true for pacemakers, which are equipped with state-of-the-art wireless technology. These therapies are a matter of routine for our experienced HCPs who also conduct pacemaker follow-ups.



Prevention is important – for everybody

In addition to diagnosis and treatment of cardiac disorders, the Department of Internal Medicine at Landstuhl also offers a wide choice of check-ups which help you to stay healthy and fit. Our sports medicine specialists conduct cycle- or treadmill-based cardiopulmonary exercise testing with blood gas analysis and lactate determination. We also offer counseling on cardiovascular disease prevention and smoking cessation.

Hear what our cardiologists have to say

You are interested in cardiac health and want to learn about treatment or prevention of cardiac diseases? During “heart week” Nardini Klinikum offers various interesting talks. If you cannot join in person, you can make use of the media center on Nardini Klinikum’s website.

Food intolerance: when food makes you feel ill

Having a food intolerance often means a lot of suffering. Patients suffer from chronic diarrhea, abdominal pain, or gas and often cannot find out by themselves which foods cause their symptoms. Apart from the symptoms, there is a loss of quality of life since eating is often associated with complaints and healthy eating habits become difficult to sustain. Testing for food intolerance is provided by general practitioners, but the internists at our Department of Internal Medicine also conduct comprehensive tests for a potential intolerance.

Gastroenterology—another specialty of our Department of Internal Medicine

Gastroenterology is another focus of the Department of Internal Medicine at Nardini Klinikum in Kaiserslautern rural district. Our internal medicine specialists diagnose and treat various disorders of the digestive system, liver, gallbladder, bile ducts, and pancreas. With us you are in good hands, be it for diagnostics, treatment, or prevention.

Colon cancer screening at our Department of Internal Medicine

„Many people attend screening examinations at our department. Demand for colon cancer screenings has been consistently high for quite some time now“, reports Chief Physician Dr. med. Wolfgang Hoffmann.

Gastroenterologists recommend a colonoscopy every three to five years if polyps were detected during an earlier colonoscopy. If the colonoscopy result is normal, another screening is recommended after ten years. Colonoscopy is recommended for men from the age of 50 and women from the age of 55. If there is a familial predisposition, screening is recommended as early as age 30.

For Dr. med. Hoffmann’s talk on heart failure visit www.nardliniklinikum.de or scan the QR-code:





How to contact the Department of Internal Medicine at Nardini Klinikum St. Johannis:

Department of Internal Medicine

Dr. med. Wolfgang Hoffmann

*Internal Medicine, Cardiology, and Emergency Medicine Specialist, Emergency Physician in Charge,
Medical Director of Emergency Medical Services, Medical Officer of Public Health Services*

To make an appointment, please contact our office:

Pacemaker clinic (statutory health insurance and direct payers)

Cardiology and gastroenterology clinic (direct payers only)

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