

Optional Package: Amenities & Services

Food selection & additional services information







Dear Patient,

We are glad that you have decided to take advantage of our optional package. This package includes a variety of supplementary services and food selections. While staying with us as a patient, you will be provided with a bathrobe, towels and an amenity kit including toothbrush, toothpaste, shower gel and other toiletries.

Your bedding will be changed every other day and of course on-demand. In order to take advantage of our TV and radio program, we will supply you with a headset. Furthermore, you will receive your own copy of the daily newspaper featuring an up-to-date TV program guide. In addition, you will be able to select from our generous food selection daily to create a meal plan of your choice. On the following pages, we would like to present you with some of the options available. When making your selection, please keep in mind any medical considerations as well as the recommendations of our staff. We will gladly answer any questions you might have and appreciate your feedback.

We hope that you will have a pleasant stay at our clinic and wish you a speedy recovery.

Additional Breakfast Options

BEVERAGE SELECTION:

Orange juice, apple juice, multivitamin juice, strawberry tea, vanilla-pear tea, Rooibos-peach tea and wild herbs tea.

BREAD AND ROLLS:

Three-grain bread, pumpernickel bread, raisin rolls, poppy seed rolls, cheese rolls, pumpkin seed rolls, croissants.

SWEET TOPPINGS:

"Schwartau"-brand strawberry, raspberry and apricot jam as well as "Nutella"-brand chocolate spread.

CHEESE, COLD CUTS AND FISH:

Camembert, Leerdammer cheese, "Philadelphia"-brand cream cheese spread with herbs, cold roast, Black Forest ham, sliced slow-cooked ham, mild Serrano ham and smoked salmon.

MISCELLANEOUS OPTIONS:

Boiled egg, organic muesli, fresh seasonal fruit.

Additional Lunch Options

APPETIZER:

Choose between the soup of the day, a tomato and mozza-rella salad, or a small tuna salad.

MAIN COURSE:

In addition to the regular selection, you can choose from the following options:

Option 1: Onion roast with mixed vegetables and parsley potatoes.

Option 2: Braised beef "Rhineland style" with red cabbage and potato dumplings.

Option 3: Chicken breast "Geneva style" with Swiss potato cakes and a mixed salad.

Option 4: Tagliatelle with spinach and slivers of salmon.

Option 5: A salmon and shrimp duet with long grain rice and a mixed salad.

Option 6: Cappelletti pasta with pesto and a mixed salad.

DESSERT:

In addition to our daily selection, your choices include seasonal fresh fruit salad and chocolate mousse.

SNACK OPTIONS:

Bananas, apples and "Zott"-brand cream yogurt.

AFTERNOON COFFEE:

Please order from a selection of pastries and cakes to accompany your coffee.

Supplementary Supper Options

BEVERAGE SELECTION:

Orange juice, apple juice, multivitamin juice, strawberry tea, vanilla-pear tea, Rooibos-peach tea and wild herbs tea.

BREAD:

Three-grain and pumpernickel bread.

SWEET TOPPINGS:

"Schwartau"-brand strawberry, raspberry and apricot jam as well as "Nutella"-brand chocolate spread.

CHEESE, COLD CUTS AND FISH:

Camembert, Leerdammer cheese, "Philadelphia"-brand cream cheese spread with herbs, cold roast, Black Forest ham, sliced slow-cooked ham, mild Serrano ham and smoked salmon.

MISCELLANEOUS OPTIONS:

Salad plate with chicken breast strips, salad plate with olives and feta, Antipasti plate, granola, fresh seasonal fruit, "Zott"-brand cream yogurt.

If desired, our nutrionist will gladly assist you with making healthy food selections.

You can reach our Zweibrücken location at:

06332 82 9083

You can reach our Landstuhl location at:

0637184 3052



Information on additives subject to labelling and allergens can be found on our product list or daily menu. Details can be obtained from our catering assistants, kitchen staff or, outside of normal business hours, from our nursing staff.